

Educational and vocational counselling

Open the door* to new opportunities

austurbru.is



Welcome to educational and vocational counselling at Austurbrú



» When visiting an Austurbrú counsellor, you can:

- › Get help in setting your objectives
- › Discuss possible study and training programmes
- › Get advice as you compile your curriculum vitae (CV)
- › Complete an interest inventory
- › Access services for validating your actual skills
- › Get assistance while applying for studies and training
- › Get help in assessing your education

Why should you seek out an educational and vocational counsellor?

» Interest inventory

- › Clarifying your interests makes your next steps easier.

» Training and study options

- › With the wide range of options on offer, we can assist in selecting a programme suitable for you.

» Setting objectives

- › Your chances of success improve if you define realistic, measurable objectives.

» Curriculum vitae (CV)

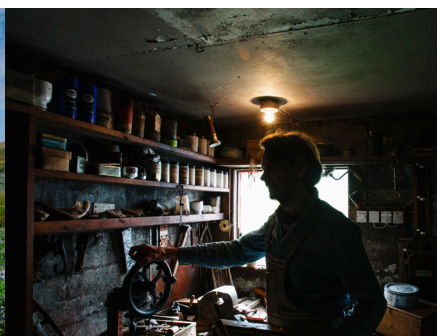
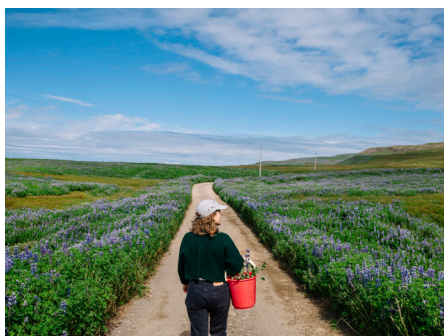
- › Strengthen your position in the job market through help with the proper presentation of your CV.

» Validating your skills

- › We evaluate your experience so that you can shorten your remaining education and training.

» Building your self-esteem

- › It's important to know your strengths and believe in your abilities.



» Who is Austurbrú's educational and vocational counselling intended for?

While Austurbrú welcomes anyone to these services, it above all targets adults (18 years or older) who have not finished any formal education above the compulsory level. You will not need to pay anything for our counselling.

Want to find out more?

Contact Austurbrú for further information on educational and vocational counselling:
Tel.: 470 3800 // austurbru.is // namsradgjof@austurbru.is // Facebook.com/austurbru



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* Living in East Iceland, you might say that Dyrfjöll (usually translated as “Door Mountains”) are a hallmark of your region. If you haven’t yet made them “your” door by walking to them - or to Stóruð right beneath them - that is another worthwhile step to take!